

SEPTEMBER 22 2020

Learning and Leadership Development Conference Presentation

Raghu Krishnamoorthy

Working from home, or living at work?

Before

A 'benefit'



Now, in the COVID era

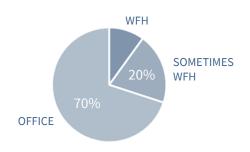
A business continuity and safety need!



After?

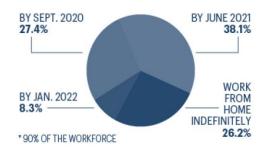
Productivity initiative..
Or Future of Work?

BEFORE COVID-19



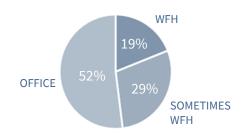
Source Gartner, 2020

ESTIMATED TIME FOR EMPLOYEES* TO RETURN TO THEIR USUAL WORKPLACE



Source Fortune, CEO Survey, May 2020

POST COVID-19 PREDICTION



Source Gartner, 2020

A story still evolving!

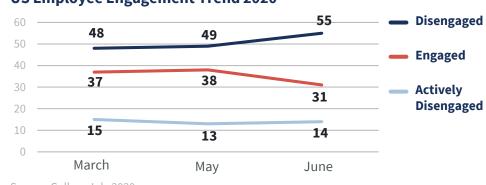
Google will let employees work from home until at least next summer

Siemens rolls out 'mobile working' programme than 140,000 employees

Microsoft CEO Satya Nadella warns about the consequences of embracing remote work permanently

Mark Zuckerberg touts pay-cuts for Facebook employees working from home based on cost of living

US Employee Engagement Trend 2020



Source: Gallup, July 2020

Anonymous Poll No. 1

My organization is treating working from home as a:

- 1. Contingency response with the intention of getting back to 'office' as soon
- 2. Leap to Future of Work and is thinking about what it means long term
- 3. We are yet to figure out what this means!

The Research

Investigating factors that influence effectiveness of employees and managers in working from home due to COVID-19



Top Findings - Positive

Overall, employees and managers feel they are effective in working from home

- Productivity
- Task performance

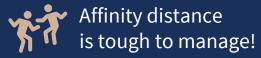
Top Findings - Challenges





Work-life balance
Is difficult









Workplace familiarity makes a difference





Stress/emotions run high





Virtual fatigue is real

Training/Interventions Highlights

What Managers want Individual Contributors to be trained on



- 1. Maintaining performance
- 2. Prioritization/Goal setting

What Individual
Contributors want
Managers to be trained on



- 1. Check ins
- 2. Trust

Anonymous Poll No. 2

Personally, what have you found <u>most</u> challenging while Working from home?

- 1. Work Life balance
- 2. Social isolation
- 3. Workplace processes not clear
- 4. Stress/emotions due to pandemic/ other reasons
- 5. Virtual fatigue

The So What!

Reimagining the path to WORK,
LIFE and
LEADERSHIP

Pandemic effect!





Sylvain NewtonHead of New Work Model
Allianz Global



Alyna Jones Head of Health/ Well being Southeastern Railway, UK

New Jobs in a Post Pandemic World

WFH

Facilitator

Chief Purpose Planner

Director Well-being

Employee

Enablement Coach

Immersion Officer Algorithm Bias Auditor

Second Act Coach

Life used to intrude in work, now work intrudes in life!



Feel

Isolation Unsecure

Anxiety FOMO Lack of focus

Burnout Sleeplessness Stress

Need

MINDFULNESS Self-care

Compassion Empathy

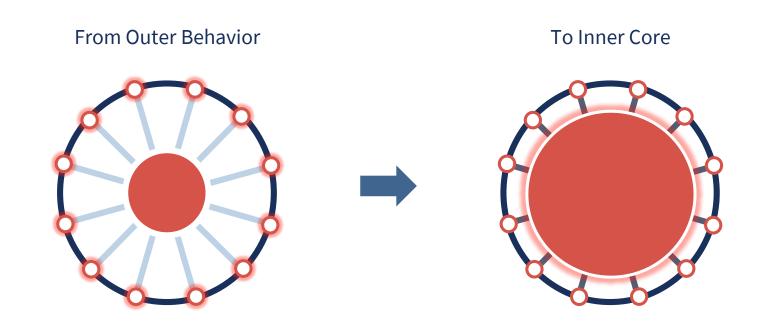
Wellness Boundaries

Time Management

- Well- being goes mainstream
 - Mental health
 - Self-care
- Emotions → Behavior → Results
- Managers to provide emotional first aid - cannot be outsourced
- Role modelling more important than training

Inner Mastery, Outer Impact!





Best in People vs Most in people





1. Purpose



2. Wisdom



3. Love



4. Growth



5. Self-Realization

Interventions NOT Training













Thank you.



This newletter shares research and empirically-driven factors affecting

Future of Work, the workplace and the worker

(2) Weekly newsletter

The (re)discovery of life!

Published on August 24, 2020



Raghu Krishnamoorthy

Global CHRO, Coach, Speaker, Faculty member, Thought Leader

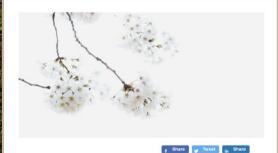
78 articles

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A strange phenomenon is taking place. Employees, overwhelmed initially, are now beginning to enjoy working from home! Not all, but I am finding that those who have the luxury of having some independent workspace at home or have children are more likely to be reluctant to return to an office. Those who are single and miss

The Three Shifts of Leadership Mastery

address the challenges of leadership today



here is a natural hunger in all of us to be the best leader we can be. And yet, in today's time of rapid change and disruption, many of us are feeling less confident about how we can shine as leaders than we have ever felt before. Whenever we encounter such challenges, it is usually a sign



Weekly newsletter

This newletter shares research and empirically-driven factors affecting Future of Work, the workplace and the worker

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Defending 'Work' in Work-life balance!

Published on August 30, 2020



Raghu Krishnamoorthy

Global CHRO, Coach, Speaker, Faculty member, Thought Leader

78 articles

Home sweet home works. But, 'Work sweet work'? Not the same, right!

All the time we have been talking about work-life balance is actually about work-life imbalance, where the 'imbalance' is the default, and 'balance' is this romantic notion that no one seems to have attained! While there is no doubt that work and

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