



*The
Second
City*
WORKS

Developing Authentic Human Connections in a Virtual Workplace

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Today's Agenda

Developing Authentic Human Connections in a Virtual Workplace

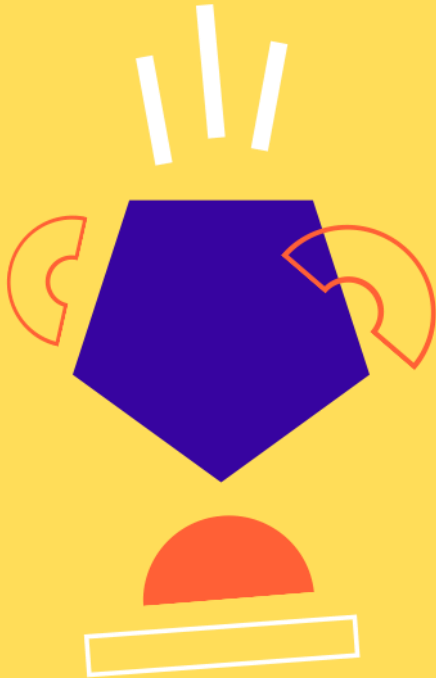
- Key skills to building trusting relationships
- The value and role of listening with curiosity
- Improv exercises you can use by yourself or with others to practice the skills

“Group participation and agreement remove all the imposed tensions and exhaustions of the competitiveness and open the way for harmony.”

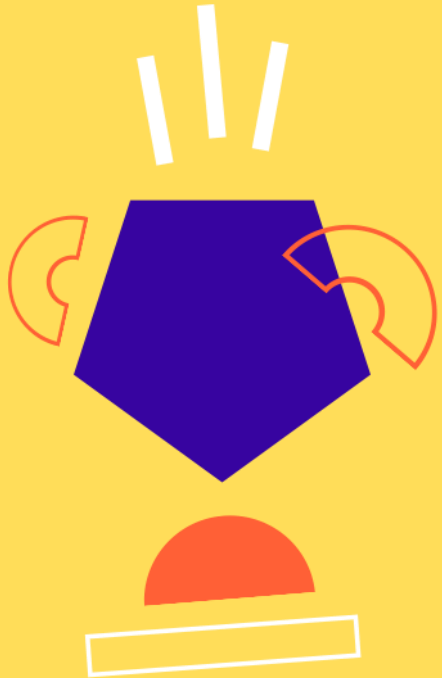
Viola Spolin, the Mother of Improvisation

LAST WORD

Each person's line of dialogue begins with the *last word* the previous person spoke.



LAST WORD



- **Listening to understand vs listening to respond.**
- **The Human Need**
- **Authentic Curiosity**
- **Zoom Fatigue**
- **Remove Distraction**

POINT AND UNTELL

Verbally call each item anything
but what it actually is.



Example:



Example:



Example:





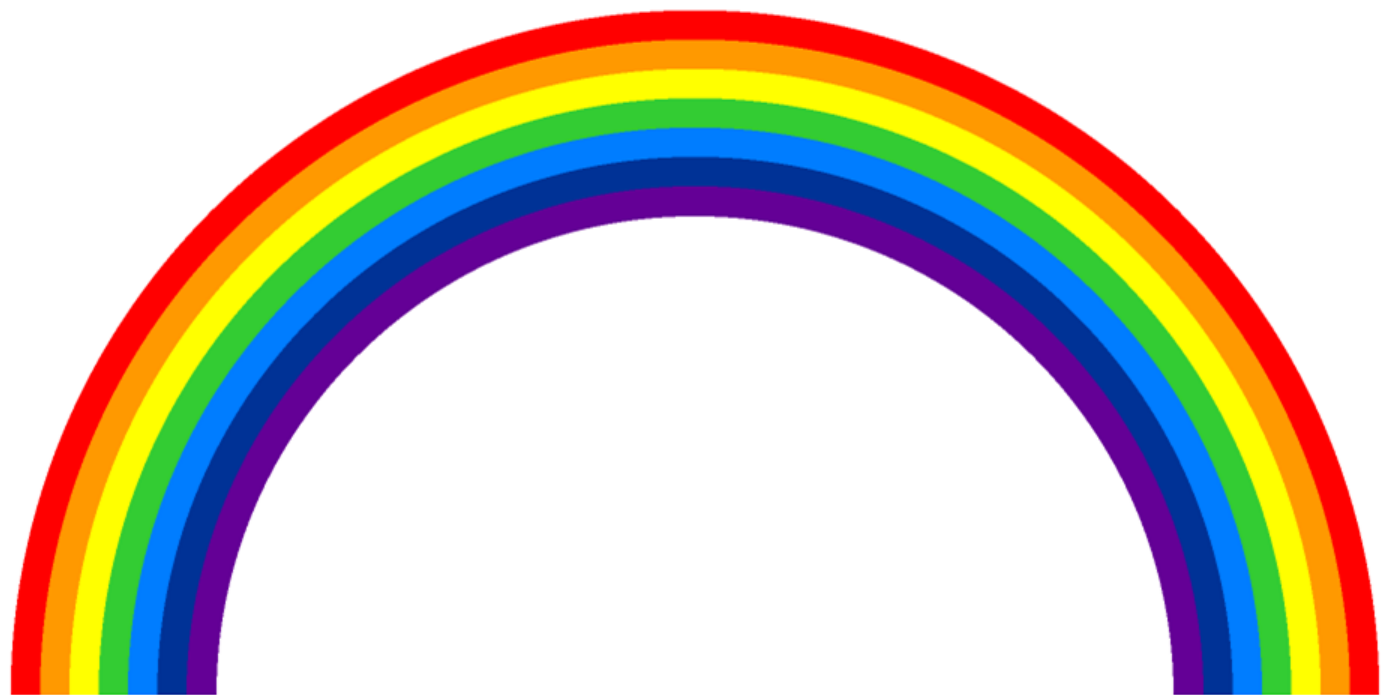












POINT AND UNTELL

- Open yourself to new thought patterns.
- See Possibilities Beyond Your Perceptions
- Find Comfort in the Uncomfortable



WORD AT A TIME

Participants will tell a story together, each adding one word at a time.



What did we learn today?

Developing Authentic Human Connections in a Virtual Workplace

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- The value and role of listening with curiosity
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Thank You!

Questions? Email us works@secondcity.com