

## HYBRID/REMOTE VIDEO BREAK LINKS

### **Inside LinkedIn's New Hybrid Office**

[https://www.youtube.com/watch?v=p\\_J3o8VU5rw](https://www.youtube.com/watch?v=p_J3o8VU5rw)

### **What working parents really need from workplaces**

<https://www.youtube.com/watch?v=x672EKnKLtA&list=PLOGi5-fAu8bFhSzuOjTmHJwLHUxxloGr4&index=5>

### **How working couples can best support each other**

<https://www.youtube.com/watch?v=VU44eEKtcmQ&list=PLOGi5-fAu8bFhSzuOjTmHJwLHUxxloGr4&index=17>

### **How burnout makes us less creative**

<https://www.youtube.com/watch?v=Dvhu2OK7ffg&list=PLOGi5-fAu8bFhSzuOjTmHJwLHUxxloGr4&index=21>

### **Remote Works' Impact on Mental Health - The Gray Area of Remote Work**

<https://www.youtube.com/watch?v=NSDuGSjkJU8>

### **Hiring hack: How to better evaluate your candidates | Simon Sinek**

[https://www.youtube.com/watch?v=dO6X\\_NwrpSA](https://www.youtube.com/watch?v=dO6X_NwrpSA)

### **Can Exercise Actually "Boost" Your Metabolism?**

[https://www.youtube.com/watch?v=\\_X834O9MaCM](https://www.youtube.com/watch?v=_X834O9MaCM)

### **9 tactics to build a stronger mind**

<https://www.youtube.com/watch?v=Fcx3WEhodBw>

### **Favorite Dance Moves**

<https://www.youtube.com/watch?v=jOvmKHtbaUA>

### **3 Steps to Stop Remote Work Burnout**

<https://www.youtube.com/watch?v=PZr142ka96k&t=24s>

### **Easy Office Lunches**

<https://www.youtube.com/watch?v=w5OvySyh-Z8&t=133s>

### **Brené Brown – Motivational Speech**

<https://www.youtube.com/watch?v=6qfbpBzqitA&t=115s>

### **The Quiet Power of Introverts**

<https://www.youtube.com/watch?v=o1Y4Z0oh1GE>